

# American Cowboy



**Count:** 64      **Wall:** 2      **Level:** Improver  
**Choreographer:** Peter Metelnick & Alison Biggs, TheDanceFactoryUK, January 2010  
**Music:** American Cowboy by Jada – (125bpm)

## Start after 24 count intro

### (1-8) R side shuffle, L back rock & recover on diagonal, L diagonal fwd shuffle, R fwd, ½ L pivot to back diagonal

1&2      Step R side, step L together, step R side  
3-4      Turning towards left diagonal rock L back, recover weight on R (11 o'clock)  
5&6      Facing left diagonal step L forward, step R together, step L forward  
7-8      Facing left diagonal step R forward, pivot ½ left to face back diagonal (5 o'clock)

### (9-16) On diagonal: step R fwd, L side point, L fwd, R side point, R jazz box ball cross turning 1/8 R to square to wall

1-4      Still facing diagonal step R forward, point L side, step L forward, point R side  
5-6      Cross R over L, step L back  
&7      Turning 1/8 right to square off to back wall step R back, step L forward  
8      Step R forward (6 o'clock)

### (17-24) L fwd rock & recover, ½ L shuffle, ½ L shuffle, L back rock & recover

1-2      Rock L forward, recover weight on R  
3&4      Turning ½ left step L forward, step R together, step L forward  
5&6      Turning ½ left step R back, step L together, step R back  
7-8      Rock L back, recover weight on R

### (25-32) L kick ball step fwd x 2, L fwd rock & recover, turning ¼ L chasse L

1&2      Kick L forward, step L together, step R forward  
3&4      Kick L forward, step L together, step R forward  
5-6      Rock L forward, recover weight on R  
7&8      Turn ¼ L, step L to L side, step R beside L, step L to L side (3 o'clock)

**BIG ENDING: Final wall dance counts 1- 32 turn a ¼ left step R back, turn another ½ left step L forward, step R forward & hold (Da-Ra!)**

### (33-40) L full turn, R cross rock & recover, chasse R, L cross rock & recover

1-2      Turning ½ left step R back, turning ½ left step L to L side

#### Non-turning option for 1-2: Cross step R over L, step L to L side

3-4      Cross rock R over L, recover on L  
5&6      Step R to R side, step L next to R, step R to R side  
7-8      Cross rock L over R, recover weight on R

### (41-48) ¼ L shuffle, ½ L & walk back 2, R coaster step, L triple

1&2      Step L to L side, step R together, turning ¼ L step L forward (12 o'clock)  
3-4      Turning ½ left step R back, step L back (6 o'clock)  
5&6      Step R back, step L together, step R forward  
7&8      Step L forward, step R together, step L together

**RESTART: During 2nd wall you will finish the first 48 counts of the dance and restart again facing the front wall**

### (49-56) R kick ball cross, ¼ L hinge turn, R & L syncopated cross rocks & recover

1&2      Kick R forward, step R back, cross step L over R  
3-4      Step R side, turning ¼ left step L side (3 o'clock)  
5-6&      Cross rock R over L, recover weight on L, step R side  
7-8&      Cross rock L over R, recover weight on R, step L together

### (57-64) R fwd, ½ L pivot turn, R fwd, ¼ L pivot turn, R jazz box cross

1-4      Step R forward, pivot ½ left, step R forward, pivot ¼ left (6 o'clock)  
5-8      Cross R over L, step L back, step R side, cross L over R

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