

HEDY MCADAMS, Published 2000

“Kodiak 2-Step”

(a.k.a. “KODIAK JACK”)

A 32/64*-count, 4-wall, intermediate line dance

Choreographer: **HEDY McADAMS**, Palo Alto, CA (SF Bay Area) ~ HedyDance@gmail.com ~ www.DanceAdventures.com
This step sheet's update: June 2010 (526) ~ If you are reading hard copy, please check website for subsequent updates.

Music/Tempo: Recommended: “THIS SONG IS FOR YOU,” by Merle Haggard, Super Hits CD, Epic/Sony EK53310, (180 BPM, 32/64-count lead to vocals, 3:17)
Teaching: “Memories of you” by Dolly Parton, etal (140 BPM, 32-count lead to vocals)
Alternative faster music: “I Had A Beautiful Time,” by Merle Haggard, 196 bpm.

Dedication: KODIAK JACK'S - To the great dancers and responsive managers at one of California's hottest CW dance clubs, Kodiak Jack's in Petaluma, California, www.kodiakjacks.com

Deejay note: The dance works well with any lively, fast texas-two-step in the range of 180-200 beats per minute.

*Choreographer's Notes:

1) I have chosen to write this dance in 32 counts rather than 64. This decision is based on my experience that dancers more readily comprehend dances that are taught with syncopations, as opposed to dances taught with numerous holds. Please see my web site for a thorough explanation of this concept.

2) “Two-step” in the name of this dance refers to a cadence that invites two-step patterns from numerous dance forms, including Texas Two-Step, Arizona or Rhythm Two-Step, and Cajun/Zydeco Two-Step. You will find all of these patterns embedded in the footwork of this dance.

A R-L-R – L-R-L
CROSS-ROCK/ROCK–
TOUCH–ROCK/ROCK

Home/original wall=12:00 o'clock, weight L

1&2 (Angling body left and moving forward on a diagonal right)
Step R-together*-R

3&4 (Angling body right and moving forward on a diagonal left)
Step L-together*-L

5 Cross R over L

6& Rock L to left, Recover R

7 Touch L beside R

8 Rock-step L back&left (diag)

& Recover weight R

Styling note: Count A5 can be split into a syncopated toe/strut for advanced dancers or slower music; A5=Cross-step R toe over L, A5&=Drop R heel..

B TOE/STRUT–TOE/STRUT
POINT–POINT/STEP
SHORT/SHORT–
LONG–LONG–TURN/STEP

Facing 12:00, your weight is R..

1 Tap L toe forward

& Step down on L
(advancing forward, slightly)

2 Tap R toe forward

& Step down on R
(advancing forward, slightly)

3 Point L toe forward

4 Point L toe back

& (softly) Transfer weight L

5& Take 2 short steps back, R, then L

6, 7 Take 2 long steps back, R, then L
(first count of a ¼ monterey turn)

8 Sweep R foot in CW circle to propel a quick ¼ turn right [3:00], ending with weight R, positioned slightly behind L

& Step L in place (or slightly forward, if more comfortable)

C TOE/STRUT–ROCK/ROCK
TOE/STRUT–ROCK/ROCK
TOE/STRUT–ROCK/ROCK–
TOUCH–TURN

Facing 3:00, weight is L

1 Tap R toe forward

& Step R heel down (sliding forw)

2 Rock-step L back&left (diag)

& Recover weight R

3 Tap L toe forward

& Step L heel down (sliding forw)

4 Rock-step R back&right (diag)

& Recover weight L

5 Tap R toe forward

& Step down on R foot* (sliding forw)

6 Rock-step L back&left (diag)

& Recover weight R

7 Touch L toe forward, positioning knee out & ankle in

8 Swivel both heels left, turn body ¼ right [6:00] and step L back (in one smooth motion)

(Styling note: you should end with R toe out, naturally)

Styling note: Scuff/stomps can be substituted for toe/struts on counts C1&, C3& and C5& for more advanced dancers (or slower music).

D RIGHT/TOG–RIGHT – LEFT
RIGHT/TOG–RIGHT – TURN
STEP–PIVOT

Facing 6:00, weight is L

1& Step R to right, Step L beside R

2 Rock-step R to right

3 Rock-step L to left

4& Step R to right, Step L beside R

5 Step R to right

6 Turn ¼ left [3:00] & step L forw

7 Step R forward

8 Pivot ½ left [9:00], ending with weight L

BEGIN AGAIN!

Reset “clock” at 12:00