

The Stampede by MARY KAY BELTRAMINI and CHARLIE

STEAK

Music Jealous Bone by Patty Loveless

1 - 2 Right Kick ball change

3 - 4 Right Kick ball change

5 Right step in place

6 Left step in place

7 - 8 Left kick ball change

Travelling to the left:

1 Step to left with left foot

2 Step across in front with right foot, turning to your left, facing rear

3 Step with left foot crossing behind, continue turning to face front

4 Step across to left with right foot crossing in front

5 Step left. Reversing direction, prepare to turn to your right

6 Step right crossing behind, turning to face rear

7 Step left across in front, facing front

8 Bring right foot to left foot

In Place:

1 With right foot step right

2 With left foot step in place

3 With right foot step, returning to next to left foot

4 Step with left foot in place

5 Repeat 1

6 Repeat 2

7-and-8 Step Right Center, left center, right center

Travelling forward and backward:

1 - 2 Shuffle left

3 - 4 Shuffle right

5 - 6 Shuffle left

7 Step right, pivoting on left foot to your left 180°

8 Step back with left to bring feet together

1 - 2 Step right, slide left behind

3 Step right

4 Step left. pivoting on right foot 180° to your right

5 Step on right foot in place

6 Step left. pivoting on right foot 180° to your right

7 Step right

8 Stomp left foot next to right foot

You should now be facing the opposite direction and can start again.