

HEDY MCADAMS'

"Rum & Coca Cola"

(a.k.a., "Cowboy Mambo")

A 48-count, 4-wall, advanced-beginning level line dance, published in April, 1997

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Music/tempo : Recommended: "Cowboy Mambo," by Tom Russell & Barrence Whitefield, 152/76 bpm, 32/16-count lead
Alternative: "Rum & Coca Cola," by the Andrews Sisters "CHEROKEE BOOGIE" by BR5-49, 164 BPM, 16-count
Alternative: Ideal tempo: 140-180 BPM, Texas 2-Step or Fox-Trot Rhythm

A SIDE – HOLD – CROSS – HOLD SIDE – CROSS – SIDE – HOLD

Home/original wall=12:00 o'clock, begin with weight right (R)

- 1, 2 Step R to right, Hold
- 3, 4 Cross L over R, Hold
- 5 Step R to right
- 6 Cross L over R
- 7-8 Step R to right, Hold

B SIDE – HOLD – CROSS – HOLD SIDE – CROSS – TURN – HOLD

You should be facing 12:00 wall, now, and your weight is R.

- 1, 2 Step L to left (and slightly back), Hold
- 3, 4 Cross R over L, Hold
- 5 Step L to left
- 6 Cross R over L
- 7-8 Turn ¼ left [9:00] and step forward on L, Hold

C STEP – PIVOT – STEP – PIVOT FORW – LOCK – FORW – HOLD

You should be facing 9:00 wall, now, and your weight is L.

- 1 Step forward on ball of R^A
- 2 Pushing with R, pivot ¼ left [6:00] on L^A
- 3 Step forward on ball of R^A
- 4 Pushing with R, pivot ¼ left [3:00] on L^A
- 5 Step forward on R (angle body slightly left)
- 6 Lock L behind R
- 7, 8 Step forward on R, Hold

^AStyling note: use hips in a counter-clockwise circular motion to "round out" the pivots for counts C1-C4.

D STEP – PIVOT – STEP – PIVOT FORW – LOCK – FORW – HOLD

You should be facing 3:00 wall, now, and your weight is R.

- 1 Step forward on ball of L^B
- 2 Pushing with L, pivot ¼ right [6:00] on R^B
- 3 Step forward on ball of L^B
- 4 Pushing with L, pivot ¼ right [9:00] on R^B
- 5 Step forward on L (angle body slightly right)
- 6 Lock R behind L
- 7, 8 Step forward on L, Hold

^BStyling note: use hips in clockwise circular motion to "round out" the pivots for counts D1-D4.

E CROSS – HOLD – BACK – HOLD SIDE – CROSS – SIDE – HOLD

You should be facing 9:00 wall, now, and your weight is L.

- 1, 2 Cross R over L (with wide swing of R foot), Hold
- 3, 4 Step back on L, Hold
- 5 Step R on a diagonal back/right
- 6 Cross L over R (progressing back/right on diagonal)
- 7 Step R on a diagonal back/right
- 8 Cross L over R (continue diagonal progression)

F ROCK – HOLD – FORW – HOLD FORW – HOLD – PIVOT – HOLD

You should be facing 9:00 wall, now, and your weight is R.

- 1, 2 Step R to right and slightly forward
- 3, 4 Step L beside R
- 5, 6 Step R to right and slightly forward
- 7 Scuff L heel forward
- 8 Step L to left and slightly forward

Begin Again! (Reset "clock" to 12:00)

Teaching Note

1. Teaching to beginners: Teachers have the option of teaching this as a 48-count dance (real time—to convey styling and concept) or a 24-count dance (1/2 time—easier for beginners to comprehend). Note that choreographer prefers teaching this as a 24-count dance. If taught as a 24-count dance, the following cues are recommended:

Counts 1-8:

1,2,3&4 SIDE – CROSS – SIDE/CROSS/SIDE

5,6,7&8 SIDE – CROSS – SIDE/CROSS/TURN

Counts 9-16:

1&2&3&4 STEP/PIVOT – STEP/PIVOT – RT/LOCK/RT

5&6&7&8 STEP/PIVOT – STEP/PIVOT – LEFT/LOCK/LEFT

Counts 17-24:

1,2,3&4& CROSS – BACK – SIDE/CROSS – SIDE/CROSS

5,6,7,8 ROCK – FORWARD – STEP – PIVOT

2. Intermediate/advanced option: dancers may enjoy this dance as a contra dance. Dancers should line up approximately 3-4 feet opposite and facing each other, positioned to pass each other easily if moving directly forward.

Honors & Awards

Rum & Coca Cola placed 2nd in line dance choreography competition at the Pismo Beach Western Days Dance Festival in 1997.