## "Still The Same"

## A 64-count, 1-wall, challenging-intermediate-level line dance

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 This step sheet's update: June 2010 (517) ~ If you are reading hard copy, please check website for subsequent updates.Music/tempo:
Recommended: "STILL THE SAME," by Bob Seger, 36-ct. lead, 116 bpm, Seger's Greatest Hits CD
Teaching_(slow wc swing) e.g., "SOMETHIN' TO TALK ABOUT," by Bonnie Raitt, 32-ct. lead, 108 bpm

| A | SHUFFLE - SKATE - SKATE SHUFFLE - TURN - REC | D ROCK - REC- CROSS - \&/CROSS ROCK - REC - TURN - \&/TURN |  |
| :---: | :---: | :---: | :---: |
| Home/original wall $=12: 00$ o'clock, begin with weight right $(R)$. |  | Facing 3:00 wall, weight $L$ |  |
|  |  | 1 | Rock-step R right (push hips right) |
| 1 | Step R forward | 2 | Shift weight L (step back slightly) |
| \& | Step L beside R | 3 | Cross R over L ${ }^{\text {B }}$ |
| 2 | Step R forward | \& | Step L slightly left (maintain cross) |
| 3 | Slide-step L on a diagonal left and forward | 4 | Cross R over L |
| 4 | Slide-step R on a diagonal, right and forward | 5 | Rock-step L left (push hips left) Pivot $1 / 4$ right [6:00] and step (slightly) forward on R |
| 5 | Step L forward | 7 | Step forward on L and turn $1 / 4$ |
| \& | Step R beside L |  | right [9:00] |
| 6 | Step L forward | \& | Step R beside L |
| 7 | Slide-step ball of R forw. on diag. right and turn $1 / 4$ left [9:00] ${ }^{1}$ | 8 | Turn $1 / 4$ right [12:00] and step L back |
| 8 | Recover weight L (in place) | E | SHUFFLE - BACK - TOUCH FORW - TOUCH - FORW - TOUCH |
| B | ROCK - REC - CROSS - \&/CROSS <br> ROCK - REC - CROSS - \&/CROSS | Facing 6:00 wall, weight $R$ |  |
| Facing 9:00 wall, weight L |  | \& | Step L beside R |
| 1 | Rock-step R right (push hips right) | 2 |  |
| 2 | Shift weight L (step back slightly) |  | Step R back on diagonal right Step back on L (angle body left) |
| 3 | Cross R over L ${ }^{\text {B }}$ | 4 | Touch R beside L |
| \& | Step L slightly left (maintain cross) | 5 | (big) Step forward R |
| 4 | Cross R over L | 67 | Touch L beside R |
| 5 | Rock-step L to left (push hips left) |  | Step $L$ forward with $L$ toe out (angle body left) (sharp) Touch R toe beside L |
| 6 | Shift weight R (step back slightly) | 7 |  |
| 7 | Cross L over $\mathrm{R}^{\text {B }}$ | 8 |  |
| \& | Step R slightly right (maintain cross) | F | TURN - TOUCH - SIDE - TOUCH CROSS - BALL/CHANGE - BEH UNWIND |
| 8 | Cross L over R |  |  |
|  |  | Facing 12:00 wall, weight $L$ |  |
|  | $\begin{aligned} & \text { TURN - TOG - SHUFFLE } \\ & \text { SHUFFLE - TURN - REC } \end{aligned}$ | 1 | Turn $1 / 4$ left $[9: 00]$ and slidestep(big) to right on R |
| Facing 9:00, weight $L$. |  | 2 | (smooth) Slide-step L beside R (touch) |
| 1 | Step R right \& turn $1 / 4$ left [6:00] | 3 | (big) Slide-step to left on L |
| 2 | Step $L$ beside R | 4 | (smooth) Slide-step R beside L (touch) |
| 3 | Step R forward | 5 | (begin cross-ball-change) |
| \& | Step L beside R |  | Swing R foot (clockwise) and step |
| 4 | Step R forward |  | R behind L |
| 5 | Step L forword | \& | Step ball of L beside R (lean right) |
| \& | Step R beside L | 6 | Step R (slighty) right |
| 6 | Step L forward | 7 | Swing L foot (counter-clockwise) |
| 7 | Slide-step R on a diag. right and turn $1 / 4$ left [3:00] ${ }^{A}$ |  | and touch ball of L foot behind and to right of R foot (lean left) |
| 8 | Recover weight L (in place) | 8 | (gradually) Shift weight L as you lean left and unwind $3 / 4$ left [12:00], then drop L heel (completing weight shift L) |

A SHUFFLE - SKATE - SKATE
Home/original wall $=12: 00$ o'clock, begin with weight right ( $R$ ).
1 Step R forward
$\boldsymbol{\&} \quad$ Step L beside R
2 Step R forward
3 Slide-step L on a diagonal left and forward
4 Slide-step R on a diagonal, right and forward
5 Step L forward
\& Step R beside L
6 Step L forward
7 Slide-step ball of R forw. on diag. right and turn $1 / 4$ left [9:00] ${ }^{\text {A }}$
8 Recover weight L (in place)

3 ROCK - REC - CROSS - \&/CROSS ROCK - REC - CROSS - \&/CROSS
acing 9:00 wall, weight L
1 Rock-step R right (push hips right)
2 Shift weight L (step back slightly)
3 Cross R over $\mathrm{L}^{\text {B }}$
$\boldsymbol{\&} \quad$ Step L slightly left (maintain cross)
4 Cross R over L
5 Rock-step L to left (push hips left)
6 Shift weight R (step back slightly)
7 Cross L over R ${ }^{\text {B }}$
$\boldsymbol{\&} \quad$ Step R slightly right (maintain cross)
8 Cross L over R

C TURN - TOG - SHUFFLE
SHUFFLE - TURN - REC
Facing 9:00, weight $L$.
Stiop R right \& turn /4 lef [6.00]
Step $L$ beside $R$
Step R forward

4 Step R forward
5 Step L forword
\& $\quad$ Step $R$ beside $L$
6 Step L forward
7 Slide-step R on a diag. right and turn $1 / 4$ left [3:00] ${ }^{\text {A }}$
8 Recover weight L (in place)

## ROCK - REC - TURN - \&/TURN

Facing 3:00 wall, weight L
1 Rock-step R right (push hips right)
2 Shift weight L (step back slightly)
3 Cross R over L ${ }^{\text {B }}$
$\boldsymbol{\&} \quad$ Step L slightly left (maintain cross)
4 Cross R over L
5 Rock-step L left (push hips left)
6 Pivot $1 / 4$ right [6:00] and step (slightly) forward on R
7 Step forward on $L$ and turn $1 / 4$ right [9:00]
\& $\quad$ Step R beside L
8 Turn $1 / 4$ right [12:00] and step L back

UFFLE - BACK - TOUCH Facing 6:00 wall, weight $R$
1 Step R back on diagonal right
$\boldsymbol{\&} \quad$ Step L beside R
2 Step R back on diagonal right
3 Step back on L (angle body left)
4 Touch R beside L
5 (big) Step forward R
6 Touch L beside R
7 Step L forward with L toe out (angle body left)
8 (sharp) Touch R toe beside L

F TURN - TOUCH - SIDE - TOUCH CROSS - BALL/CHANGE - BEH UNWIND
Facing 12:00 wall, weight L
Turn 1/4 left [9:00] and slidestep (big) to right on R
2 (smooth) Slide-step L beside R (touch)
3 (big) Slide-step to left on L
4 (smooth) Slide-step R beside L (touch)
5 (begin cross-ball-change)
Swing R foot (clockwise) and step R behind L
$\boldsymbol{\&} \quad$ Step ball of L beside R (lean right)
6 Step R (slightly) right
7 Swing L foot (counter-clockwise) and touch ball of $L$ foot behind and to right of R foot (lean left)
8 (gradually) Shift weight L as you lean left and unwind $3 / 4$ left [12:00], then drop L heel (completing weight shift L)
$G$ SHUFFLE - ROCK - RECOVER G TURN - \&/TURN - TURN - REC Facing 12:00 wall, weight L
1 Step R forward
\& $\quad$ Step L beside R
2 Step R forward
3 Rock forward on L
4 Recover weight R (in place)
5 (begin turning shuffle) Turn $1 / 4$ left [9:00] and step L to left
\& $\quad$ Step R beside L
6 Turn $1 / 4$ left [6:00] and step forward on L ("plant" Lfoot) ${ }^{\text {a }}$
7 Slide-step ball of R forw. on diag. right and turn $1 / 4$ left [3:00]
8 Recover weight L (in place)

H SLIDE - POP - SLIDE - POP TURN - TURN - FORW - PIVOT
Facing 3:00 wall, weight $L$
1 Slide-step R to right
2 Slide L behind R \& pop R knee
3 Slide R to right (straight leg)
4 Slide L behind R \& pop R knee
5 Turn $1 / 4$ left [12:00] and step R back
6 Turn $1 / 2$ left [6:00] and step forward on $L$
7 Step forward on ball of R foot then pivot $1 / 4$ left [3:00] ${ }^{\text {C }}$
8 (pushing off from $R$ foot) Pivot $1 / 4$ left [12:00], and step forward on $L$

## BEGIN AGAIN!

Reset "clock" to 12:00

Style and Execution Notes:
Counts H6-8 are intended to be smooth flowing, not sharp, direction changes.
"Anchor" ball of left to floor for counts H6-7. On count H7, lean body into 6:00 wall as you pivot left-keep face looking toward 6:00 wall until last possible moment!
Teaching Hints:
Students may be inclined to skip counts
A7-8, C7-8, and G7-8. They should be encouraged early in the teaching to count each set, to the $8^{\text {th }}$ count, to confirm that they have completed that set before moving on the next.

See website for more teaching and styling hints

